

Foods, Beverages and Staples

Bitter chocolate : investigating the dark side of the world's most seductive sweet / Carol Off. In processing.

Brewing justice : fair trade coffee, sustainability and survival / Daniel Jaffee. 338.1J23B 2007

Crunch! a history of the great American potato-chip / Dick Burhans. 338.476648 B958C 2008

For God, country and Coca-Cola : the unauthorized history of the great American soft drink and the company that makes it / Mark Pendergrast. 338.7 P 397F 1997

Froth! The science of beer / Mark Denny. 641.623 D412F 2009

The hamburger : a history / Josh Ozersky. 641.36 O99H 2008

Rum : the epic story of the drink that conquered the world / Charles Coulombe. 641.259 C855R 2004

Salt : a world history / Mark Kurlansky. 553.63 K96S 2002

The story of tea : a cultural history and drinking guide / Mary Lou Heiss and Robert J. Heiss. 641.337 H473S 2007

Sweetness and power : the place of sugar in modern history / Sidney W. Mintz. 338.17361 M667S 1986

Films in the Library's Collection

Animals : friend or food. DVD 119

Black Gold. DVD 218

Farming the seas. DVD 406

Food Inc. DVD-411 **See also the companion book in our collection by the same title.**

The global banquet : politics of food. VH 830

The world according to Monsanto. DVD 386

Electronic Books

The library subscribes to an invaluable resource: [Oxford Reference Online Premium](#) , a collection of electronic reference books that includes interesting food dictionaries and guides. To access the electronic books, go to the library's [databases page](#) and click on [Oxford Reference Online Premium](#), then select **Food and Drink** from the list of subjects.

Here is a list of the electronic books that you can find :

An A-Z of food and drink

Food and fitness : a dictionary of diet and exercise

A dictionary of food and nutrition

The Oxford book of health foods

Websites

[100 Mile-Diet](#)— Your first stop in exploring the locavore way. Find your 100 mile radius and links to local resources and suppliers of locally grown food. <http://100milediet.org/>

[Cookery Book Collection](#)—McGill University provides samples of some of their rare books on this subject, as well as links to other noteworthy catalogues and resources. <http://digital.library.mcgill.ca/cookbooks/>

[The Food and Agriculture Organization of the United Nations](#) -This UN body aims to defeat hunger internationally. <http://www.fao.org>

[Food History](#)—Recommended resources by the Library of Congress on food history. <http://www.loc.gov/rr/scitech/tracer-bullets/foodhistorytb.html#addinfo>

[Food and Nutrition](#)—Health Canada developed a website on food and nutrition. Take a look at Canada's Food Guide , learn about nutrition, labelling and more. <http://www.hc-sc.gc.ca/fn-an/index-eng.php>

[Food Timeline](#)— Developed in association with the International Association of Culinary Professionals. www.foodtimeline.org

MARIANOPOLIS COLLEGE LIBRARY



*Food glorious food :
An
interdisciplinary
exploration of
food and
foodways*

Winter 2010

Food and Commerce, Culture, Environment, Health, Nutrition, Religion, Society...

Food! Everyone's favorite subject! The library has assembled this brochure listing many of the books, films and electronic resources we have in our collection on this vast topic. Learn how the role of food in history and culture has shaped our habits to the controversies surrounding some of the world's favorite flavours.

Bon appétit!

Food - History and Culture

Everyone eats : understanding food and culture / E.N. Anderson. 641.3 A546E 2005

Food in the ancient world / John M. Wilkins and Shaun Hill. 641.3 W684F 2006

Mrs. Beeton's book of household management: a guide to cookery in all branches. / Isabella Beeton. 641.5 B415 1915

A moveable feast : ten millennia of food globalization / Kenneth F. Kiple. 641.3 K57M 2007

What's to eat: entrées in Canadian food history / ed. Nathalie Cooke. 641. 5971 W555C 2009

Vegetarianism

The case for vegetarianism : philosophy for a small planet / John L. Hill. 613. 262 H646V 1996

Eating animals / Johnathan Safran Foer. 613.262 F654E 2009

Sins of the flesh : a history of ethical vegetarian thought / Rod Preece. 179.3 P923S 2008

In defense of animals : the second wave / Peter Singer, ed. 179.3 I35S 2006

Nutrition and the Environment

An apple a day : the myths, misconceptions and truths about the foods we eat / Joe Schwartz. 613.2 S399A 2007

The fast food craze : wreaking havoc on our bodies and our animals / Tina Volpe. 613.2 V931F 2005

The food revolution : how your diet can help save your life and our world / John Robbins. 613.262 R634F 2001

In defense of food : an eater's manifesto / Michael Pollan. 613.2 P771I 2008

What to eat / Marion Nestle. 613.2 N468W 2006

Eating Locally

The 100-mile diet : a year of eating locally / Alisa Smith. In processing.

Animal, vegetable, miracle : a year of food life / Barbara Kingsolver. On order.

The farm to table cookbook : the art of eating locally / Ivy Manning. On order.

Just food : where locavores get it wrong and how we can truly eat responsibly / James E. McWilliams. On order.

Food and Controversy

Controversies in food and nutrition / Myrna Chandler Goldstein and Mark A. Goldstein. 641.3 G624C 2002

Fast food nation : the dark side of the all-American meal / Eric Schlosser. 394.1 S345F 2005

Food inc. : how industrial food is making us sicker, fatter and poorer— and what you can do about it / ed. Karl Weber. 394.1 F686W 2009

See also the companion film on DVD.

Food politics : how the food industry influences nutrition and health / Marion Nestle. 363.8 N468F 2002

The omnivore's dilemma : a natural history of four meals / Michael Pollan. 394.12 P771O 2007

Safe food : bacteria, biotechnology and bioterrorism / Marion Nestle. 363.192 N468S 2003

Swindled : the dark history of food fraud , from poisoned candy to counterfeit coffee / Bee Wilson. 615.954 W 746S 2008

Food knowledge, skills and techniques

Kitchen literacy : how we lost knowledge of where food comes from and why we need to get it back / Ann Vileisis. 641.5973 V699K 2008

Larousse Gastronomique / With the assistance of Joël Robuchon. 641.5 L332R 2001

My last supper : 50 great chefs and their final meals : portraits, interviews and recipes / Melanie Dunea. 641.5 D915M 2007

On food and cooking : the science and lore of the kitchen / Harold McGee. REF 641.5 M1450 2004

Hunger, Famine, and Fasting

Breakthroughs on hunger : a journalists encounter with global change / Richard M. Harley. 307.1412 H285B

Famine : a short history / Cormac Ó Gráda. 363.809 O35F 2009

Feeding the future : from fat to famine, how to solve the world's food crises / Andrew Heintzman and Evan Solomon. 363.8 F295H 2006